

VOICE ACTING IMPLEMENTATION *ACTION PLAN*



This Implementation Action Plan is designed to help you bridge the gap between what you know you should do and what you actually do in your voice acting career.

A CARRIE OLSEN FREE WORKSHEET

About this Worksheet

This Implementation Action Plan is designed to help you bridge the gap between what you know you should do and what you actually do in your voice acting career. As Carrie Olsen discusses in her podcast, this "implementation gap" can be the single biggest obstacle standing between where you currently are and the success you want.

This worksheet will help you:

- Make your goals concrete and visible
- Break down big goals into manageable steps
- Create a system that doesn't rely on willpower or fluctuating motivation
- Focus on leading indicators (inputs) rather than lagging indicators (outcomes)
- Celebrate small wins to maintain momentum

Part 1: Identify your rubicon

What is one voice acting goal that you've been preparing for but haven't yet implemented?

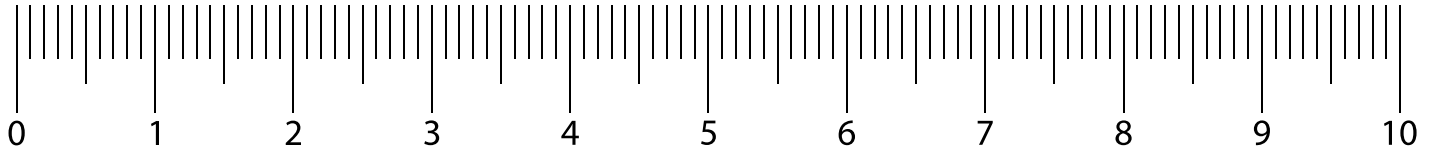
What has been holding you back from "crossing the Rubicon" with this goal?

- Fear of failure
- Waiting to feel "ready enough"
- Unclear on specific next steps
- Overwhelmed by the size of the goal
- Focusing too much on outcomes rather than actions
- Other: _____

Part 2: Fear Assessment



On a scale of 1-10, rate your current fear level regarding this goal: (1 = No fear, 10 = Paralyzing fear)



According to Carrie, the sweet spot is in the middle—enough fear to keep you grounded with realistic expectations, but not so much that it prevents action.

If your fear is too high (7-10), what can you do to reduce it?

If your fear is too low (1-3), what should you be more cautious about?

Part 3: Reframing Exercise



How can you reframe this goal to make it more motivating?

Instead of thinking:

I can tell myself:

Part 4: Monthly Implementation Plan

Break down your monthly goal into specific, actionable steps with clear timelines and success metrics.

My monthly goal:

Specific Step	Resources Needed	Timeline	Success Indicator	Reward

Notes on completing this table:

- **Specific Step:** Break your monthly goal into 5-7 small, specific actions
- **Resources Needed:** List what you'll need to complete each step (tools, time, support, etc.)
- **Timeline:** Set a specific deadline for each step
- **Success Indicator:** Define how you'll know when this step is complete (focus on inputs you control)
- **Reward:** Plan a small reward for completing each step

Part 5: Tracking Leading Indicators

Instead of focusing solely on outcomes like bookings or earnings (lagging indicators), track these daily or weekly actions (leading indicators):

Leading Indicator	Weekly Goal	Week 1	Week 2	Week 3	Week 4	TOTAL
Auditions submitted						
Marketing emails sent						
Practice hours						
Training hours						
Network connections						
Custom: _____						

Part 6: Celebration & Reflection

Record your weekly celebrations and monthly reflections to maintain momentum.

Weekly Celebrations

WEEK 1:

WEEK 2:

WEEK 3:

WEEK 4:

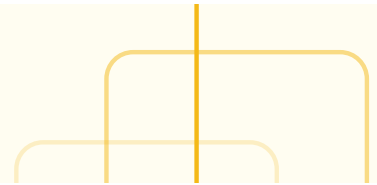
Monthly Reflection

What worked well this month?

What could be improved next month?

What did I learn about myself and my implementation style?

Commitment Statement



I, _____, commit to implementing this plan for the next 30 days.

I understand that by focusing on these small steps and celebrating my wins along the way, I am crossing my own Rubicon and moving from preparation mode to action mode.

Signature: _____

Date: _____

Download this worksheet at carrieolsen.com/EP4 or text **VOICE** to **55444** for this and other exclusive resources.

Share your progress with Carrie at carrie@olsen.com so she can celebrate with you!