

Unlocking Your Voice Story

Legacy Reflection Exercise

"Your past isn't just a biography—it's your competitive advantage." - Carrie Olsen

INSTRUCTIONS: Take 5 minutes to complete this reflection exercise. Don't overthink your answers –trust your initial responses. This isn't about crafting perfect answers but beginning to see your background as an asset rather than irrelevant.

PART 1: IDENTIFY YOUR UNIQUE EXPERIENCES

List three unusual jobs or experiences you've had that most voice actors haven't:

PART 2: EXTRACT THE HIDDEN VALUE

For each experience above, answer:

EXPERIENCE #1:

- What specific skills did this experience develop? _____
- What unique perspective did it give you? _____
- How might this help you connect with clients in a way others can't?

EXPERIENCE #2:

- What specific skills did this experience develop? _____
- What unique perspective did it give you? _____
- How might this help you connect with clients in a way others can't?

Unlocking Your Voice Story

Legacy Reflection Exercise

.....
"Your past isn't just a biography—it's your competitive advantage." - Carrie Olsen
.....

EXPERIENCE #3:

- What specific skills did this experience develop? _____
- What unique perspective did it give you? _____
- How might this help you connect with clients in a way others can't?

PART 3: THE REFRAME

Choose one experience that seems least relevant to voice acting.

How you might have viewed it before: _____

THE REFRAME: How could this actually be a secret advantage in your voice acting career?

NEXT STEPS

In the next episode of "Conversational with Carrie Olsen," we'll explore how to transform these insights into a powerful brand narrative that clients can't resist.

Want to dig deeper? Join me at [Legacy Branding Mastermind](#) where we'll work together to craft your unmistakable voice acting brand.